

YOU LIGHT UP MY LIFE

Composer : Tim McGlynn 32 Lehigh Dr., Somers Point, N. J. 08244  
Record : CURB Records # WBS 8455  
FTWK : Opposite  
SEQ. : A, B, A, A,B,B, C

Meas.

INTRO

1-2 WAIT; WAIT;  
1-2 Wait 2 meas. in CP fcg LOD;

PART A

1-4 (CP)FWD WALTZ; MANUVER; SPIN TURN; BK, SIDE, CLOSE;  
1-2 CP fcg LOD, fwd waltz L,R,L; Manuv to fc RLOD R,L,R;  
3 CP fcg RLOD, bk L to LOD, pivot RF to LOD on R. rec bk RLOD on L  
fcg LOD;  
4 CP fcg LOD step bk to RLOD on R, sd L to COH, close R;  
5-8 (CP)FULL WALTZ BOX;; CROSS/CHECK(SCAR), RECOVER, SIDE; CROSS/CHECK  
(BJO), RECOVER, SIDE;  
5-6 CP/LOD full waltz box fwd L, sd R, close L; Bk R, sd L, close R;  
7 Cross/check thru L to Scar diag LOD/wall (W XIB), rec R, sd L to CP;  
8 Cross/check thru R to BJO diag LOD/COH (W XIB), rec L, sd R to CP;  
9-12 TURN LF, SIDE, BK(BJO); BK/CHECK, FWD, 2(CP/RLOD); TURN LF, SIDE, BK(BJO);  
BK/CHECK, FWD, 2, (CP/LOD);  
9 (Reverse trn)CP/LOD fwd L trng 1/4 LF to COH, sd R twd LOD, bk L  
to BJO fcg RLOD;  
10 Bk/check on R, blend L,R, to CP fcg RLOD;  
11 CP/RLOD fwd L trng 1/4 LF to wall, sd R twd RLOD, bk L to BJO fcg  
LOD;  
12 Bk/check on R, blend L,R, to CP fcg LOD;  
13-16 WHISK; WING(SCAR); TELEMARK(SCP); (Chair)LUNGE THRU, RECOVER, PICKUP(CP);  
13 Fwd L, slightly fwd & sd R RLOD, cross L in bk of R loose hook, to  
fc LOD in SCP;  
14 Fwd LOD small step on R, draw L to R as he leads W across to Scar  
(W L,R,L);  
15 (Telemark)Fwd L trng 1/4 LF to COH, sd R twd LOD slightly arnd W  
continue trn on ball of R, fwd L twd LOD in SCP (W heel trn);  
16 SCP (Lunge & slip)thru on R with slight lunge fwd, re L, bk R,  
(W L lunge, rec R trn LF to fc ptr, fwd L to CP) fcg LOD;

PART B

1-4 (CP)DOUBLE REVERSE SPIN; (CP)DOUBLE REVERSE SPIN; DRAG HESITATION;  
(BJO)BK, BK/LOCK, BK;  
1 CP/LOD Fwd L trng LF 1/4, small sd on R pivot full arnd to LOD, tch L;  
(W bk R, close L to R, spin 1/2 on L, sd R, XLIF of R) end CP/LOD;  
2 Same as meas. 1;  
3 Fwd L, trng into COH, sd R twd LOD, draw L to R no wgt, end BJO  
fcg RLOD;  
4 BJO bk L, bk R, lock L XIF of R (W XIB), bk R;  
5-8 (BJO)PIVOT(SCP); WEAVE, 2, 3; 4, 5, 6(BJO); MANUVER;  
5 BJO step bk LOD on L, pivot trn on R to LOD, step fwd L to LOD/SCP;  
6-7 (Weave)SCP thru R diag COH commence LF trn, fwd L twd COH trn LF,  
sd & bk R; bk L twd LOD to mod BJO, bk R continue LF trn, sd & fwd  
L to BJO diag LOD/wall;  
8 Manuv to fc RLOD in CP R,L,R;

9-12 HEEL PIVOT(SCP); WEAVE,2,3; 4,5,6(SCP); THRU,SIDE,(Whisk)BEHIND;  
 9 Step bk LOD on L, pivot trn on R to LOD, fwd L to LOD/SCP;  
 10-11 Same as meas. 6 & 7 except rd in SCP fcg LOD;  
 12 SCP thru R, sd L to fc wall, hook beh R (w XIB also);  
 13-14 THRU(RLOD),SIDE,(Whisk)BEHIND; PICKUP(CP),SIDE,CLOSE;  
 13 Thru twd RLOD on L, side R, hook beh L, (w XIB also);  
 14 Pickup to CP/LOD R,L,R;

PART C

1-4 WHISK; PICKUP(CP),SIDE,CLOSE; CONTRA/CHECK,2,3; RECOVER,2,3;  
 1 Same as meas 13 Part A;  
 2 Pickup to CP/LOD R,L,R;  
 3-4 Fwd L with R shoulder lead diag LOD/wall (w bk R head well 1),  
 use full measure; Rec R to CP fcg LOD, use full meas.;  
 5-8 (CP)FWD WAITZ; MANUVER; FULL SPIN TURN(PJG); BK, DRAW, LOCK;  
 5-6 Same as meas. 1 & 2 Part A;  
 7 CP fcg LOD bk L to LOD, pivot RP full arnd to again to RLOD on R,  
 bk on L diag CON/LOD, ending mod 500 fcg diag RLOD/wall;  
 8 BK bk R, draw L to R no wgt, then lock L (w XIB);  
 9-12 BK, DRAW, LOCK; BK, SIDE(FACH), DRAW (w 1st), CLOSE; CROSS/CHECK(START),  
RECOVER, SIDE; CROSS/CHECK(RLOD), RECOVER, SIDE;  
 9 Same as meas. 8;  
 10 Bk R, sd L to fc wall in CP, center draw & no wgt, close R;  
 11-12 Same as meas. 7 & 8 Part A;  
 13-15 CROSS/CHECK(START), RECOVER, SIDE(SCP); (Overaway)THRU, SIDE, RISE;  
THROWAWAY, 2, 3;  
 13 Same as meas 8 except blend to SCP;  
 14 Thru R, sd L to fc W & wall, rise L, heads to LOD;  
 15 Swivel on L relax knee trn hips to fc W relax R arm to allow W  
 freedom of movement, (W swivel on R toe and allow L to pass under  
 body and extend bk, head well to 1) an music fades;